Skills for Life Conference –
Early Orientation and Life Design Skills
for All

22 March 2023

#LifeSkills #SkillsForLife #TransitionToWork

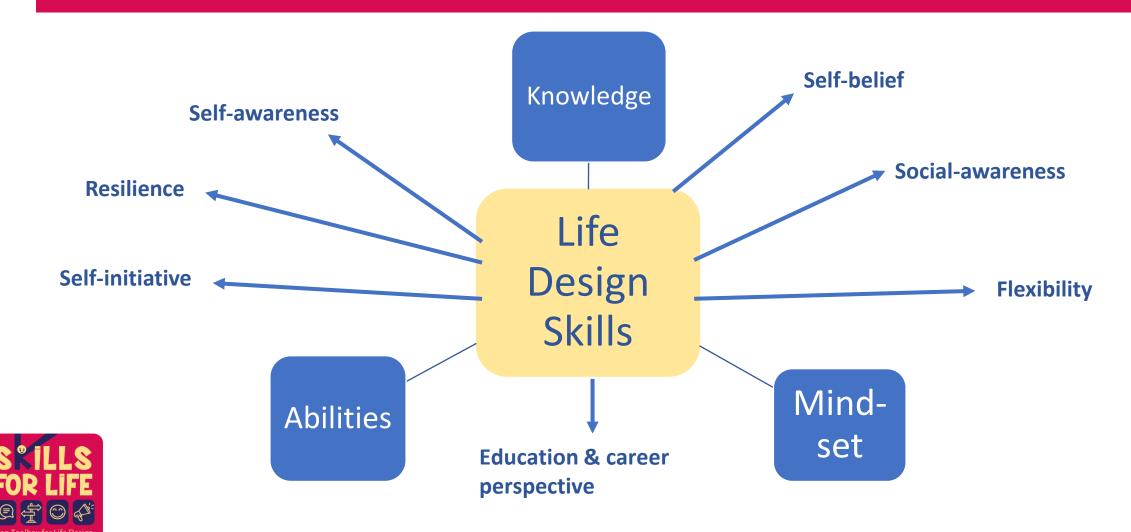**Mentimeter Code: 1850 1339**

The facts:
Alfa, Goethe-Institut, Scoala de Valori, Tracé Brussel, Stadt Mannheim, BIBB

➤ Duration: Oct. 2020 – Mar. 2023

➤ EU Grant: 210.118,00 €

➤ 4 countries

➤ 5 partners + 1 associated partner

➤ A toolbox for educators to work with youngsters ~ 13-14 yo

Why do we need the Skills for Life-Toolbox?

- Changing labour markets and career paths

- Conventional guidance often comes too late

- Supporting educators in challenging circumstances

More holistic strengthening of young people's *Life Design Skills*

SKILLS FOR LIFE
Orientation Toolbox for Life Design

WHAT?
The Orientation Toolbox for Life Design

1) **Check4Skills**: an online self-evaluation tool for youngsters

2) **Play4Skills**: a board game

3) **Learn4Skills**: a series of teaching modules

4) **Train4Skills**: a training for educators

5) **Impact4Skills**:an impact assessment tool

→ All available in DE, EN, IT, NL, RO language

SKILLS FOR LIFE
Orientation Toolbox for Life Design

IO1: Check4Skills and Play4Skills

Check4Skills: The online **self-evaluation tool** will help students to discover their strengths, weaknesses, priorities, interests and personality types, as well as to start considering how these may relate to different professional profiles.

Play4Skills: The **board game**, available both offline and online, aims to help students match their own characteristics and those of different job profiles and economic sectors in a playful way.

Skills
For Life
Orientation Toolbox for Life Design

Alfa, is coordinating **#Progettiamocilfuturo** and **Orientamenti**, two projects funded by the European Social Fund which aim to provide information about the **labour market, needed skills, study and job opportunities**.
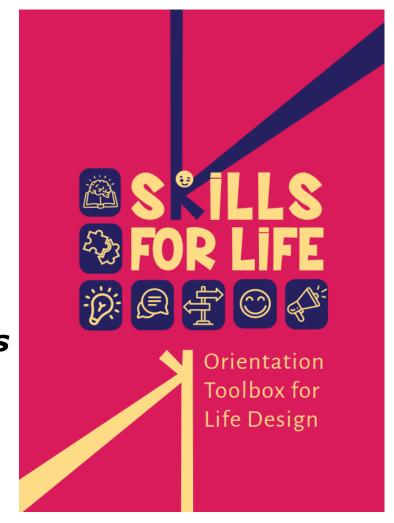
Said activities are developed and implemented with **youngsters, education professionals** and **families**.

IO2: Learn4Skills

6 modules to enhance awareness

and empower kids' skills – **6 topics**:

- *Social Awareness*
- *Gender stereotypes*
- *Understanding the labour market*
- *Understanding different job profiles*
- *Choosing a career path*
- *Families' involvement*

IO2: Learn4Skills

Our approach revolves around the idea of **learning by doing**: *"we can't really put information into student's minds, rather, we can try to **take them out**!"*

IO2: Learn4Skills

IO2: Learn4Skills

The manual:

- Tested in **different learning contexts**

- **Freely available** for every kind of educator

- Focus on the **individual** and on **awareness and learning processes**

- **Flexible** lesson plans to enrich educators' curricula

    The teaching modules will be part of our Regional offer, that involves more than 5000 teachers and educators

SKILLS FOR LIFE
Orientation Toolbox for Life Design

IO2: Learn4Skills

Life-long approach

involving:

- **Youngsters**

- **Families**
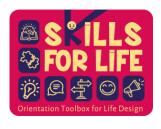
- **Educators**
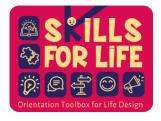
Tracé Brussel vzw

The non-profit organisation **Tracé Brussel** is leading Jump naar werk, a project co-funded by Actiris, the VGC and the European Social Fund. The operations are spread geographically throughout the Brussels region with the objective of bridging the gap between school and work.
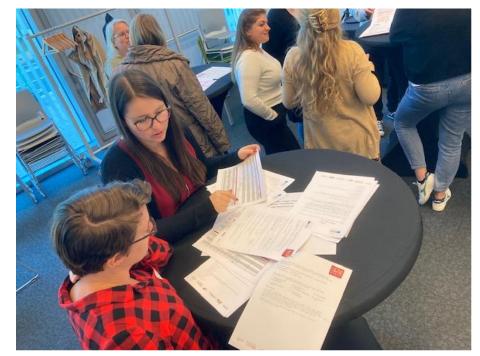
IO3: Train4Skills

IO3: Train4Skills

What we achieved

1) Offline training for teachers 'how to use our skills for life toolbox'
   1) What is it?
   2) How to use it?

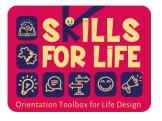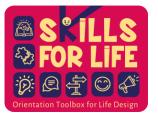   1) Script with all materials
   2) PowerPoint
   3) Extra documents

TabLe of content

IO3: Train4Skills

IO3: Train4Skills

Timing

TIME	MINUTES	CONTENT	TOOLS
		Preparation time: preparing all the different lessons and materials for the training	
0-15	15min	Introduction: who are we, what are we going to do. What are Life Design Skills? What is the Skills for Life toolbox?	
15-35	20 min	**Learn 4 Skills:** let's try out a lesson of one module with the whole group (see this as a teaser/trailer) 1) Divide: ½ is observing the lesson and ½ is doing the lesson. 2) Reflection: How was it? What did we do? 3) Goal? What would you think is the theme? What is the goal of this lesson? What would be the theme of the module?	
35-45	10 min	**Overview of the teaching modules and scripts**	
45-50	5 min	**Action!** How could these lessons of the module be implemented in your class/with your students?	
50-60	10 min	Break	
60-70	10 min	'Unboxing the skillbox' – explanation Table 1) Play 4 Skills = Boardgame Table 2) Check 4 Skills = Self-awareness tool Table 3) Learn 4 Skills = Teaching Modules Table 4) Impact 4 Skills = Impact assessment tool The materials are put on 4 different tables. After a short introduction of the 4 themes, the participants choose one table/theme of the Skills 4 Life Toolbox to discuss about.	
70-85	15 min	Discuss at each table (discover the different items) 1) What is it? 2) Reflection: Is it applicable? 3) Goal? What is the goal of this theme?	
85-100	15 min	After the discussion, all tables present their theme and findings to the group. Presentation findings of each table to the group + reflection: 3 tables*5 min	

Skills for Life
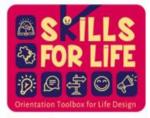Orientation Toolbox for Life Design

MINUTES	CONTENT	TOOLS
	Preparation time: preparing all the different lessons and materials for the lessons	

15min	Introduction: who are we, what are we going to do (=expectations).
	What are Life Design Skills? What is the Skills for Life toolbox?
	
	"Life design skills are skills that can be applied to navigate change and transition throughout life. These essential competences give opportunities/possibilities for ones future education, work and life.
	The skills 4 Life toolbox is a toolbox with the aim of making (young) people aware of their possibilities and skills.
	
	Short explanation about Life Design Skills and the Skills for Life toolbox:
	- Introduction of yourself and the participants
	- Showing website: https://www.start-net.org/en/portfolio/skills-life
	- Explaining partners
	  o Goethe Institut (Brussels and Rome)
	  o Scoala de Valori (Romania)
	  o Stadt Mannheim (Germany)
	  o Tracé Brussel vzw (Jump naar werk) (Belgium)
	  o BIBB (Germany)
	  o Aliseo Liguria (Progetti Amoci Il Futuro) (Italy)
	- Short introduction different Intellectual outputs
	  o Check 4 Skills = Self-awareness tool
	  o Play 4 Skills = Boardgame
	  o Learn 4 Skills = Teaching modules
	  o Impact 4 Skills = Impact assessment tool
		PowerPoint slide 1-10
		
		Attachment 1: Timeline

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Slide 1

'Skills for Life'

Train 4 Skills
xx/xx/202x

4pm00 – 3pm30

SKILLS FOR LIFE
Orientation Toolbox for Life Design

GOETHE INSTITUT

#PROGETTIAMOCI IL FUTURO

Şcoala de Valori

STADT MANNHEIM
Bildung

TRACÉ BRUSSEL
schakels naar werk

Co-funded by the Erasmus+ Programme of the European Union

bibb Federal Institute for Vocational Education and Training

1

Slide 2

Co-funded by the Erasmus+ Programme of the European Union

Welcome

Erasmus+ project with the aim of making young people aware of their possibilities and skills.

Skills for Life – Orientation Toolbox for Life Design

Project partners:
- Goethe-Institut (Brussels + Rome)
- Aliseo Liguria (IT)
- Şcoala de Valori (RO)
- Tracé Brussel vzw (BE)
- Stadt Mannheim (DE)
- BIBB (DE)

2

Slide 3

Co-funded by the Erasmus+ Programme of the European Union

Introduction

Erasmus+ project on how to *support young people* (12-15 year olds) at an early stage, while at the same time giving them the *essential competences* for their *future education, work and life*.

Skills for Life – Orientation Toolbox for life design

- Recording/photos?
- Who are we?
- What is the project?
- What are we going to do? (= expectations)

3

Slide 4

Co-funded by the Erasmus+ Programme of the European Union

Introduction

Life design skills
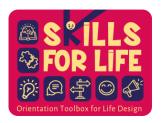
- *What?*
  Combination of knowledge, mind-set, and skills they will need

- *Purpose?*
  To make informed choices concerning their education, and thereafter to develop their career in a working environment characterized by continuous change

- *How?*
  Increase self-awareness, as well as understand and acquire the competencies they need to be resilient and adopt a lifelong learning attitude.

4

SKILLS FOR LIFE
Orientation Toolbox for Life Design
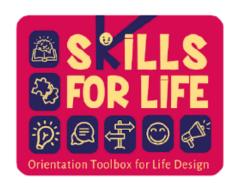
IO3: Train4Skills

What we achieved

1) Offline training for teachers 'how to use our skills for life toolbox
   1) What is it?
   2) How to use it?

      1) Script with all materials
      2) PowerPoint
      3) Extra documents

2) Online training for teachers (individual)

   Skills 4 Life - Online Training for Educators - Progettiamoci il futuro (progettiamocilfuturo.it)

Skills 4 Life – Online Training for Educators

The **Skills for Life Training – "Train 4 Skills"** will help Educators implement the Skills for Life Toolbox with their students, addressing the issue of teaching and empowering their pupils in a Life Design perspective.

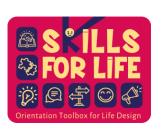On a **theoretical** level, this training will inroduce educators on the following topics:

- What do career guidance, orientation, and Life Design Skills mean? Common definition and approach
- How can Life Design Skills be useful for your students and how important is it?
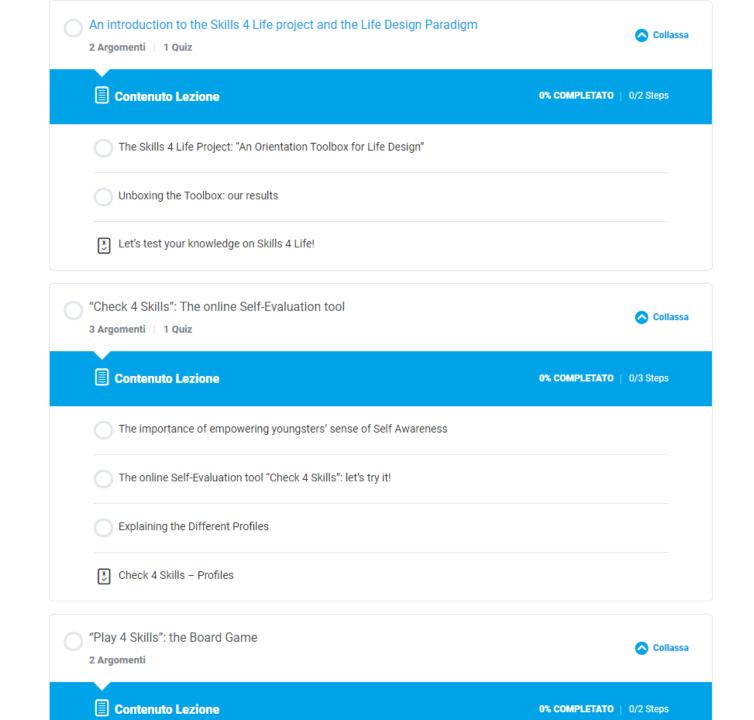
On a **practical** level, it will help educators to:

- Use the on-line self-reflection tool and the board game
- Learn about the teaching modules and accompanying pedagogical approaches that will allow to provide further training to students.
- Learn to use the Impact Assessment methodology and tool developed during the project

Why is this training important?

It is vital that Educators feel empowered and stay in control of what they are doing. This is one reason why the training is so important and why it is preferable that they deliver the Toolbox to their students, rather than an external person; being exceptionally meaningful individuals in the life of the youngsters they work with, educators are one of the most important audiences to address and support in their work
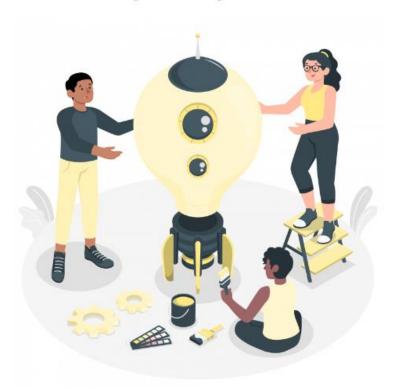
An introduction to the Skills 4 Life project and the Life Design Paradigm

2 Argomenti | 1 Quiz

^ Collassa

📄 Contenuto Lezione

0% COMPLETATO | 0/2 Steps

○ The Skills 4 Life Project: "An Orientation Toolbox for Life Design"

○ Unboxing the Toolbox: our results

▣ Let's test your knowledge on Skills 4 Life!

"Check 4 Skills": The online Self-Evaluation tool

3 Argomenti | 1 Quiz

^ Collassa

📄 Contenuto Lezione

0% COMPLETATO | 0/3 Steps

○ The importance of empowering youngsters' sense of Self Awareness

○ The online Self-Evaluation tool "Check 4 Skills": let's try it!

○ Explaining the Different Profiles

▣ Check 4 Skills – Profiles

"Play 4 Skills": the Board Game

2 Argomenti

^ Collassa

📄 Contenuto Lezione

0% COMPLETATO | 0/2 Steps

SKILLS FOR LIFE
Orientation Toolbox for Life Design

Unboxing the Toolbox: our results

Project's Objectives

To contribute to young people's preparedness, the specific objective of this Strategic Partnership, co-financed by the Erasmus+ programme, is thus **to empower teachers, youth workers, career guidance providers ('educators') to teach Life Design Skills to young people.**

Between October 2020 and March 2023, the project consortium consisting of the **Goethe-Institut (DE), Alfa Liguria (IT), Scoala de Valori (RO), Tracé Brussel (BE) and the City of Mannheim (DE)**, works towards this objective primarily by developing an 'Orientation Toolbox for Life Design' ready to use for educators.

SKILLS FOR LIFE

Orientation Toolbox for Life Design

IO3: Train4Skills

How will we sustain Train4Skills

- Ready to use online/offline and accessible in 5 languages (Dutch, German, Italian, Romanian and English)
- Accessible on the website of the partner
- Train4Skills can be used as starting point to use the Skills for life toolbox.
- In Brussels, we communicate every schoolyear to the schools about our projects, we'll add Skills for life.

IO3: Train4Skills

1 Highlight

The contribution of every partner in the making of the online and offline Train4Skills

1 Participant quote

„It is very promising"

Goethe-Institut

Goethe-Institut is the cultural institute of the Federal Republic of Germany worldwide.

Led by the Goethe-Institut Rome and by the Goethe-Institut Brussels, **StartNet** is a network for cooperation, collective action, and impact on young people's transition from education to work.

IO4:Impact4Skills

The user-friendly **Impact Assessment Methodology** enables educators to measure the impact and efficacy of their interventions.

The Impact Assessment Methodology contains:

- Impact indicators;
- Online & offline tools for data collection;
- Tools to perform the data analysis;
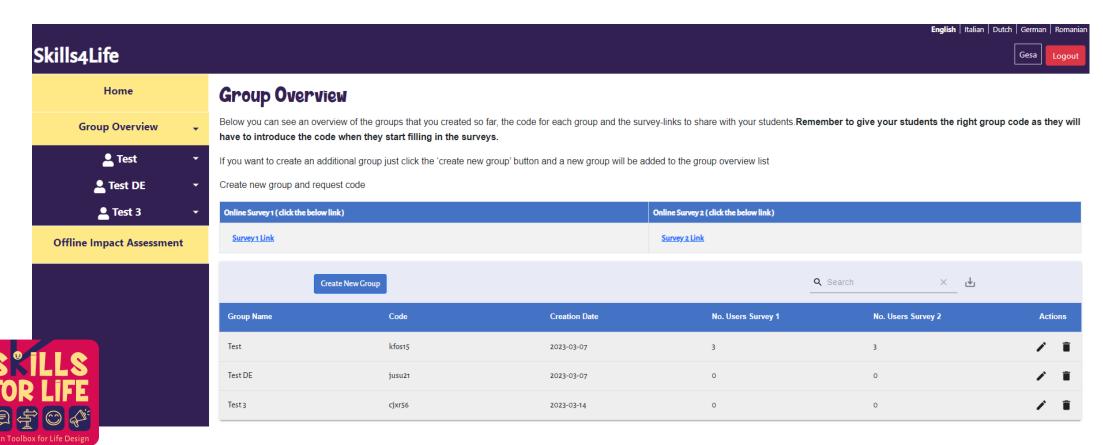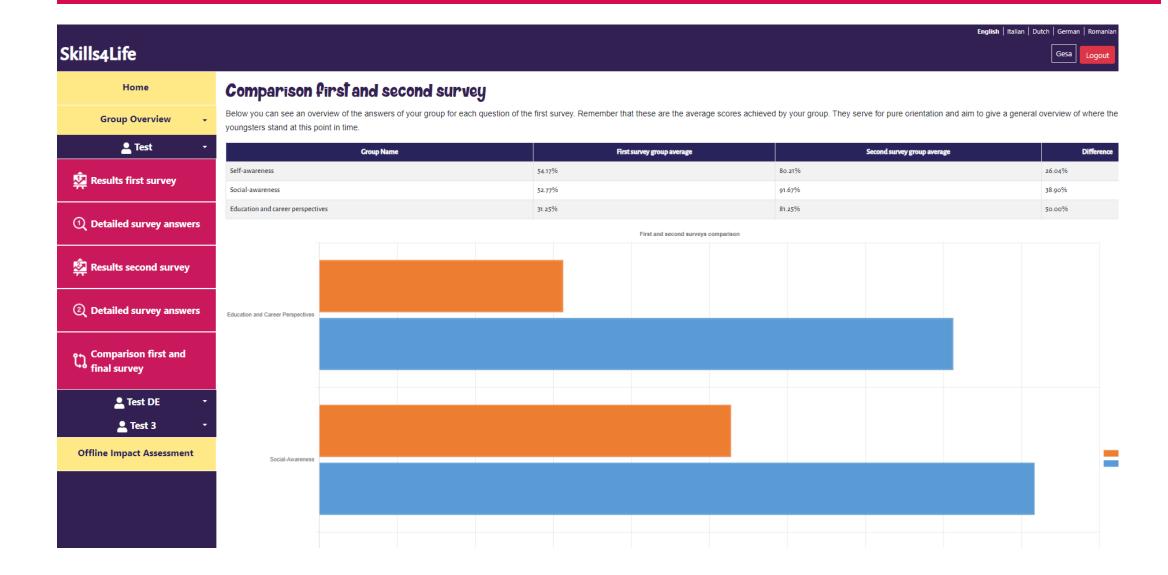- Templates to present the resulting analysis.

self-awareness

social-awareness

education & career perspectives

SKiLLS FOR LiFE
Orientation Toolbox for Life Design

IO4:Impact4Skills

Anmelden

English | Italian | Dutch | German | Romanian

E-Mail-Addresse

Enter email

Passwort   Forgot Password?

Password

Sie haben kein Konto? Anmeldung

Oder melden Sie sich mit an

einreichen

English | Italian | Dutch | German | Romanian

Skills4Life

Gesa   Logout

Home	
Group Overview ▼	
👤 Test ▼	
👤 Test DE ▼	
👤 Test 3 ▼	
Offline Impact Assessment	

Group Overview

Below you can see an overview of the groups that you created so far, the code for each group and the survey-links to share with your students. **Remember to give your students the right group code as they will have to introduce the code when they start filling in the surveys.**

If you want to create an additional group just click the 'create new group' button and a new group will be added to the group overview list

Create new group and request code

Online Survey 1 (click the below link)	Online Survey 2 (click the below link)
Survey 1 Link	Survey 2 Link

Create New Group   🔍 Search ✕ ⬇

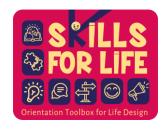| Group Name	Code	Creation Date	No. Users Survey 1	No. Users Survey 2	Actions
Test	kfos15	2023-03-07	3	3	✏ 🗑
Test DE	jusu21	2023-03-07	0	0	✏ 🗑
Test 3	cjxr56	2023-03-14	0	0	✏ 🗑

IO4:Impact4Skills

IO4: Impact4Skills

What we achieved

A targeted tool for educators and students to become aware which *Life Design Skills* need strengthening and where progress has already been made.

How we will sustain Impact4Skills

→ Long-term access to digital platform & questionnaires

→ Countless groups per educator possible

→ Paper-versions for digital independence

Skills for Life
Orientation Toolbox for Life Design
StartNet's Experience in Basilicata, Southern Italy

European partners of StartNet

Who we are

StartNet Network Transition Education-to-Work

- **In Italy:** brings together **schools**, **institutions**, **businesses**, **young people**, and **civil society** to improve the transition from school to work for young men and women in Southern Italy.

- **In Europe:** connects **initiatives all across Europe** that empower young people on their personal and professional paths towards a successful transition to work.

Train4Skills Collaboration with Regional School Office of Basilicata

We organized 2 **one-day trainings** to present the toolbox. We reached total:

- 60 teachers

- 41 schools

- 2 online trainings for the online tools

- 2 follow-up webinars
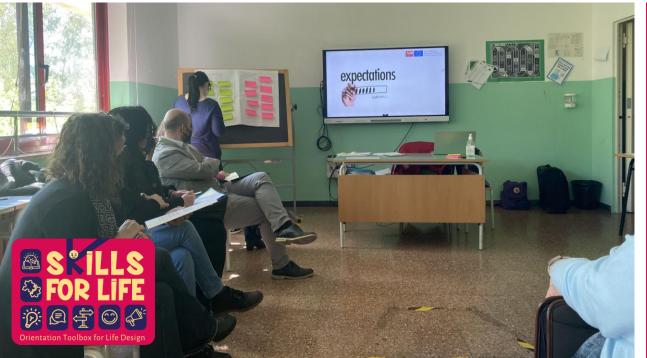
- 2 pilot school classes

Train4Skills – Trainings for teachers

Piloting of toolbox

- 2 pilot classes with students aged 12-13 years

- Very positive feedback on the board game with younger students

Learnings and Feedback about **Skills for Life Training**

Results of our survey with teacher who participated:

80% of teachers thought that the training was very useful

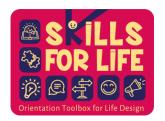**70% of teachers think they will use at least two of the tools**

Learnings

Positive experience with informal education (vs. formal traditional education)
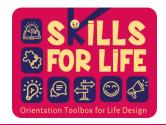
Interactive and based on the agency of the student

Thank you!

Play 4 Skills **Check 4 Skills**	Scoala de Valori	Dragos Belduganu	skillsforlife@scoaladevalori.ro
Learn 4 Skills	Alfa	Arianna Giovannetti and Alice Barbieri	arianna@progettiamocilfuturo.it
Train 4 Skills	Tracé Brussel vzw	Nele Martens and Vincent Verrydt	info@jumpnaarwerk.brussels
Impact 4 Skills	Goethe-Institut	Gesa Spätling	gesa.spaetling@goethe.de
Local implementation	Goethe-Institut Rome	Perla Zanini	perla.zanini@goethe.de

More information and links to the websites:
https://linktr.ee/_skillsforlife

Thank you for participating

Please fill in the evaluation form